

TEAM MANITOBA



ATHLETE DEVELOPMENT PROGRAM



U13 BOX SCHEDULE

NOVEMBER	TIME	LOCATION	EVENT
SUNDAY, NOVEMBER 5	9:00 AM	CANLAN	PRACTICE
SUNDAY, NOVEMBER 5	3:00 PM	GATEWAY	FITNESS TEST
SUNDAY, NOVEMBER 12	1:00 PM	GATEWAY	SKILLS
SUNDAY, NOVEMBER 19	11:00 AM	GATEWAY	SKILLS
SUNDAY, NOVEMBER 26	9:00 AM	CANLAN	PRACTICE
WEDNESDAY, NOVEMBER 29	6:00 PM	ZOOM	MENTAL SKILLS

DECEMBER	TIME	LOCATION	EVENT
SATURDAY, DECEMBER 2	3:00 PM	GATEWAY	GAME
SATURDAY, DECEMBER 3	1:00 PM	GATEWAY	SKILLS
SUNDAY, DECEMBER 10	11:00 AM	GATEWAY	SKILLS
SUNDAY, DECEMBER 17	9:00 AM	CANLAN	PRACTICE

JANUARY	TIME	LOCATION	EVENT
SUNDAY, JANUARY 7	1:00 PM	GATEWAY	SKILLS
SUNDAY, JANUARY 14	11:00 AM	GATEWAY	SKILLS
SUNDAY, JANUARY 21	9:00 AM	CANLAN	PRACTICE
SATURDAY, JANUARY 27	3:00 PM	GATEWAY	GAME
SUNDAY, JANUARY 28	1:00 PM	GATEWAY	SKILLS

FEBRUARY	TIME	LOCATION	EVENT
SUNDAY, FEBRUARY 4	11:00 AM	GATEWAY	SKILLS
SUNDAY, FEBRUARY 11	9:00 AM	CANLAN	PRACTICE
SUNDAY, FEBRUARY 25	11:00 AM	GATEWAY	SKILLS
SUNDAY, FEBRUARY 25	3:00 PM	GATEWAY	FITNESS TEST

MARCH	TIME	LOCATION	EVENT
SUNDAY, MARCH 3	9:00 AM	CANLAN	PRACTICE
SATURDAY, MARCH 9	3:00 PM	GATEWAY	GAME
SUNDAY, MARCH 10	11:00 AM	GATEWAY	SKILLS
WEDNESDAY, MARCH 13	6:00 PM	ZOOM	MENTAL SKILLS